

Reading and Writing Service (Literacy Office)

We offer a range of classes for adults who wish to improve their reading, writing, spelling, maths, technology, and other skills. A special welcome to adults who might have left school early and would like to return to education, or would like to up-skill and build confidence.

Classes are free of charge and available at different times throughout the week. Students can attend one-to-one tuition and small groups of between four and eight people. You can learn at a level that suits you, whether you are a complete beginner or want to brush up. If you want to work towards getting certification, we offer some courses up to QQI level 4.

How to enrol:

Enrolment for these classes is ongoing throughout the year. Call Sian, our Adult Literacy Organiser, for more information about any of the classes listed below. You can arrange to meet Sian to discuss your needs and goals and find a class suitable for you.

Call Sian, Adult Literacy Organiser: 01 803 6238

| Day | Time | Class |
|-----------|----------------|---|
| Every day | Varies | Computers and digital skills classes are held daily, such as: Computers – beginners and improvers Using your smartphone Internet Skills QQI Level 3 Digital Media QQI Level 3 Information Technology Skills QQI Level 4 |
| Most days | Varies | Reading, Writing, Spelling Work one-to-one with a tutor or in small groups to improve reading, writing and spelling skills. |
| Monday | 11.30am-1pm | Challenging Discrimination QQI Level 3 Learn about different types of discrimination, how it impacts people and how to challenge it. |
| | 11.30am-1pm | Podcast Club Learn to download podcasts, listen to them and discuss them in this new class. |
| | 12.30pm-2pm | Mathematics QQI Level 3 Improve your everyday Maths while working towards a QQI certificate. (second class on Wednesday from 11.30am-1pm). |
| | 1.30pm-3pm | Beginner ESOL (English for Speakers of Other Languages) To enrol in ESOL classes call Breda on 087 7707854 after August 22nd. (Further classes on Tuesday and Wednesday at same time). |
| | 1.30pm-3pm | ESOL (English for Speakers of Other Languages) QQI Level 3 To enrol in ESOL classes call Breda on 087 7707854 after August 22nd. (Further classes on Tuesday and Thursday at same time). |
| Wednesday | 9.15am-11.15am | Creative Writing Explore creative writing at a gentle pace in a supportive and friendly group. |
| | 9.30am-11am | Communications QQI Level 3 Build confidence in your communication skills. Develop good reading, writing and interpersonal skills for use in a range of situations. (Second class on Friday from 9.30am-11am). |
| | 11.30am-1pm | Nutrition and Healthy Options QQI Level 3 Learn about the role of nutrients in the body and how to plan a balanced diet. Develop the skills to prepare healthy meals and provide for special dietary needs. (Second class on Friday from 11.30am-1pm). |
| | 1pm-3pm | Art and Design QQI Level 3 Explore the world of art and design practices in this foundational art course. This course introduces a wide range of media and tools. Suitable for beginners. |
| Friday | 11.30am-1.30pm | Healthy Cookery on a Budget Learn to prepare healthy meals in this practical cookery course. Emphasis is on local, vegetarian and budget-friendly options. |

Adult Education Guidance Service

The CDETB Adult Education Guidance Service helps people make informed decisions about education, career and life choices. This service is free, impartial and confidential.

For more information, call: 01 8623825 / 087 939 0894

Email: michelle.morrissey@aes.cdetsb.ie or paul.maguire@aes.cdetsb.ie

KLEAR Education Service

KLEAR is a community-based adult education centre. We offer a broad range of courses, on a part-time basis, in the areas of general education, literacy, health, languages, culture, creativity, and social and community education. For more than 40 years we have catered for the educational needs of over 20,000 adults in the wider community. We are a designated QQI (Quality and Qualifications Ireland) provider which means that we are able to quality assure our own QQI courses, ensuring that you have an excellent learning experience.

KLEAR is run and organised by a voluntary management group made up of tutors, students and the local community. We are funded by City of Dublin Education and Training Board (CDETB), European Social Fund and Department of Employment Affairs and Social Protection.

Community Employment Scheme

Community Employment (C.E.) is an employment programme which helps unemployed people to re-enter the active workforce by breaking the experience of unemployment through a return-to-work routine. Participants can work in a number of areas, including Childcare, Household, Clerical, Domestic, Driving and Maintenance. Recruitment is ongoing throughout the year.

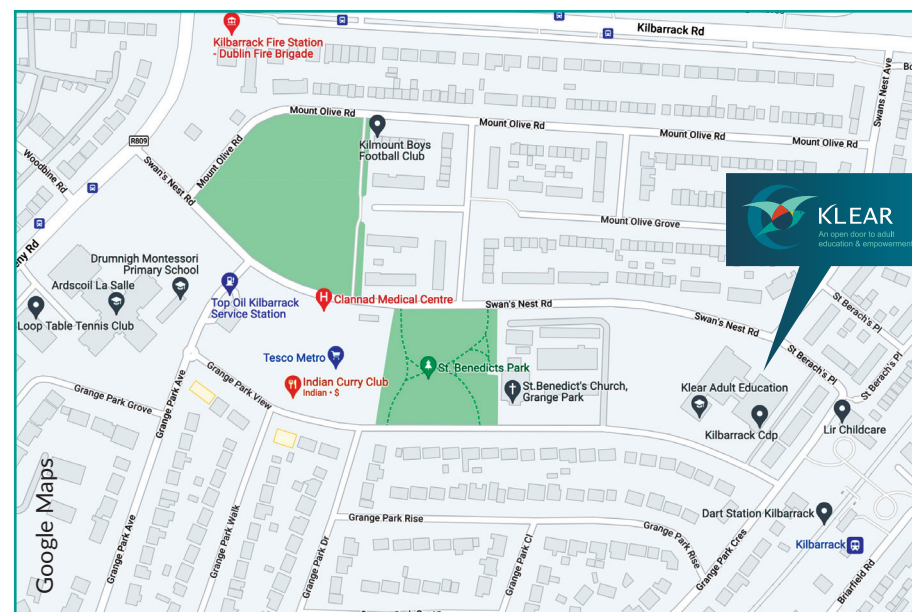
For more information, call Louise on: 01 8671040 or email louiseparsons@klearce.com

Contact information

KLEAR Adult Education Centre, Swan's Nest Road, Kilbarrack, Dublin 5, D05 V5Y9

| | | |
|------------------------------|--|---|
| Main Office | Phone: 01 867 1845 | Email: office@klear.ie |
| Literacy Office | Phone: 01 803 6238 | Email: literacy.organiser@klear.ie |
| Community Employment Service | Phone: 01 867 1040 | Email: louiseparsons@klearce.com |
| Website: | klear.ie | |

Where to find us



KLEAR is situated beside Kilbarrack DART Station, off Swan's Nest Avenue.



Community Adult Education Centre

Swan's Nest Road, Kilbarrack, Dublin 5, D05 V5Y9

Courses and Timetable 2022-2023

Enrolment from Monday 5th September
9.45am – 1pm daily
Different classes enrol on different days
See our website Klear.ie for days and times of enrolment
or call 01 8671845

Most courses begin from Monday 19th September

Phone Main Office: 01 867 1845
Phone Literacy Office: 01 803 6238
Phone Community Employment Service: 01 867 1040



Short courses

These courses run for 10 weeks and are free of charge unless otherwise stated. Courses may change according to demand. You must enrol in KLEAR for these classes. See bottom of page for more information.

| Day | Time | Class |
|-----------|----------------|---|
| Monday | 9.15am-10.45am | Pilates <i>Rachel Carbery</i> |
| | 11.30am-1pm | Creative Card Making <i>Aideen Kilbride</i> |
| | 12.15pm-1.45pm | Pilates <i>Rachel Carbery</i> |
| Tuesday | 9.30am-11am | Yoga for Beginners <i>Cormac Lennon</i> |
| | 9.30am-11am | Enjoying Theatre <i>Kevin Jones</i> €85 for 10 weeks |
| | 11.30am-1pm | Intermediate Yoga <i>Cormac Lennon</i> |
| Wednesday | 11.30am-1pm | Chair Yoga <i>Cormac Lennon</i> |
| Thursday | 9.00am-10.30am | Pilates <i>Rachel Carbery</i> |
| | 9.15am-11.15am | Painting and Drawing 1 <i>Lindsey Holland</i> |
| | 11.30am-1.00pm | Painting and Drawing 2 <i>Lindsey Holland</i> |
| | 1.30pm-3pm | Art for Everyone <i>Lindsey Holland</i> |
| | 1.30pm-3.30pm | Baby Massage <i>Niamh Healy</i> €60 for 5 weeks |
| | 2.00pm-4.30pm | Ageing with Confidence <i>Northside Counselling Service</i> 8 weeks |
| Friday | 1.30pm-3.30pm | Baby Massage <i>Niamh Healy</i> (Subject to demand) €60 for 5 weeks |

Long courses

These courses run from September 2022 until May 2023. All classes are free of charge. Courses may change according to demand. You must enrol in KLEAR for these classes. See bottom of page for more information.

| Day | Time | Class |
|-----------|-------------|---|
| Monday | 9.30am-11am | Current Affairs <i>Michael Lynch</i> |
| | 9.30am-11am | Irish Advanced <i>Honor Clynes</i> |
| Tuesday | 9.30am-11am | Current Affairs 1 <i>Sinéad O'Brien</i> |
| | 9.30am-11am | Irish Advanced <i>Honor Clynes</i> |
| | 9.30am-11am | Current Affairs 2 <i>Sinéad O'Brien</i> |
| | 11.30am-1pm | European Art and Artists <i>Rosarii Moran</i> |
| | 11.30am-1pm | Irish Intermediate <i>Honor Clynes</i> |
| | 1.30pm-3pm | Fáilte! Irish Beginners <i>Honor Clynes</i> |
| Wednesday | 9.30am-11am | Understanding History <i>Sinéad O'Brien</i> |
| | 9.30am-11am | Irish Intermediate <i>Honor Clynes</i> |
| | 11.30am-1pm | English Literature and Culture <i>Rosarii Moran</i> |
| | 11.30am-1pm | Irish Intermediate (online on Zoom) <i>Honor Clynes</i> |
| Thursday | 9.30am-11am | Irish Advanced (online on Zoom) <i>Honor Clynes</i> |
| | 11.30am-1pm | Irish Intermediate <i>Honor Clynes</i> |
| Friday | 9.30am-11am | Understanding the Landscape <i>Ann Farrell</i> |
| | 11.30am-1pm | The Arctic: Past, Present and Future – A Geographer's View <i>Ann Farrell</i> |
| | 11.30am-1pm | English Literature and Culture <i>Rosarii Moran</i> |

A few words about our classes

Ageing with Confidence

This course offers an opportunity to examine your own experience of ageing and how you can remain physically and mentally healthy as you age. It is run by Northside Counselling Service. For more information, call Gay on 01-848 4789.

Baby Massage

Learn the benefits of bonding, communication, improved sleep and relief of digestive problems for baby, all in a relaxed setting.

Current Affairs

Discuss the news of the week and analyse the background to the stories through presentation, discussion and debate.

Creative Card Making

Learn to make special cards for all occasions. Use card-making tools and experiment with processes like matting, layering, embossing and card-folding techniques.

English Literature and Culture

An interesting journey through books, poetry and biographies, with maybe a bit of poetry writing.

Enjoying Theatre

Deepen your appreciation of drama by reading and discussing plays, in a very relaxed and friendly atmosphere.

European Art and Artists

Enjoy and explore the history of art in a fun and informal setting. Includes visits to art galleries and exhibitions.



Geography Courses

Understanding the Landscape and The Arctic: Past, Present and Future – A Geographer's View: Two opportunities to examine and explore aspects of geography and environmental issues in a relaxed and friendly atmosphere.

Irish

Enjoy learning Irish at a variety of levels – a special Fáilte for beginners. An online option is available.

Painting & Drawing and Art for Everyone

Develop skill and technique under expert guidance.

Pilates

Learn how to improve posture and strengthen core muscle groups.

Understanding History

Improve your knowledge of local and national history in a relaxed setting. Includes visits to relevant historical sites.

Yoga

Learn the technique of yoga at three levels. Our chair yoga is for those who may be less active.

About enrolment

- Enrolment week commences in KLEAR on Monday 5th September. Different classes enrol on different days. See our website for updates: klear.ie
- Enrolment is at KLEAR Adult Education Centre, in person.
- No pre-booking service is available.
- If you cannot attend during Enrolment Week, you can arrange for a friend to book for you.
- If it is your first time attending a class in KLEAR, you must meet the tutor and enrol yourself.
- CDET courses have no fees this year.
- A 'Learner Detail Form' is required to be completed, usually on the first day of class. Support will be provided.
- Check start date of courses with your tutor(s).
- Speak with our tutors to ensure course content and level are suitable.
- It is important that prospective students inform us about special requirements to support successful course placement.
- Re-enrolment for second terms begins on week 8 of our 10-week courses.

Please let your tutor(s) know about any absences. Places will be offered to students on waiting lists after 3 non-attendances. COVID-19 continues to be a health issue in the community. Adjustments to classes may be necessary to safeguard staff and students. Your cooperation is appreciated.