



KLEAR

An open door to adult
education & empowerment

Community Adult Education Centre

Swan's Nest Road, Kilbarrack, Dublin 5, D05 V5Y9

Courses and Timetable 2026-2027

Enrolment Monday 31st August to Friday 4th September.

Doors open at 8.30am daily.

Enrolment days and times vary-see enclosed Enrolment
Timetable or our website Klear.ie or call 01 8671845

Thursday Art Enrolment Day is on 27th August starting 9am

Most courses begin **Monday 14th September**

Phone Main Office: 01 867 1845

Phone Literacy Office: 01 803 6238 or Text Breda on 086-0358417

Phone Community Employment Service: 01 867 1040

Art and Wellness

These courses run for 30 weeks and are free of charge unless otherwise stated. Courses may change according to demand. You must enrol in KLEAR for these courses. See bottom of page for more information.

Day	Time	Class
Monday	9.15am-10.45am	Pilates <i>Rachel Carbery</i>
	11.15am-1.15pm	Creative Card Making <i>Aideen Kilbride</i>
	12.15pm-1.45pm	Pilates <i>Rachel Carbery</i>
	1.30pm-3.30pm	Stained Glass <i>Aideen Kilbride</i>
Tuesday	9.30am-11am	Yoga for Beginners <i>Cormac Lennon</i>
	11.30am-1pm	Intermediate Yoga <i>Cormac Lennon</i>
	11.30am-1pm	Spanish Beginners 1 <i>Maria Villar</i> €90 for 10 weeks
Wednesday	11.30am-1pm	Chair Yoga <i>Cormac Lennon</i>
	11.30am-1pm	Spanish Beginners 2 <i>Maria Villar</i> €90 for 10 weeks
Thursday	9.00am-10.30am	Pilates <i>Rachel Carbery</i>
	9.15am-11.15am	Painting and Drawing 1 <i>Lindsey Holland</i>
	11.30am-1.00pm	Painting and Drawing 2 <i>Lindsey Holland</i>
	1.15pm-2.45pm	Art for Everyone <i>Lindsey Holland</i>
	1.30pm-3.30pm	Baby Massage <i>Niamh Healy</i> €95 for 5 weeks
Friday	1.30pm-3.30pm	Baby Massage <i>Niamh Healy</i> (Subject to demand) €95 for 5 weeks

About enrolment

- Enrolment week commences Monday 31st August.
- Courses enrol on different days and times.
- Enrolment is at KLEAR Adult Education Centre, in person.
- No pre-booking service is available.
- Numbered tickets will be distributed to all course queues.
- Please Note queues can form from 7.30am
- If you cannot attend Enrolment Week you can ask a friend to book for you, but not another student booking for the same course.
- If it is your first time attending a course in KLEAR, you must present in person to enrol.
- Parking during Enrolment is restricted to people with disabilities.
- CDETB courses have no fees.

General Interest

These courses run from September 2026 until May 2027. All courses are free of charge. Courses may change according to demand. You must enrol in KLEAR for these courses. See bottom of page for more information.

Day	Time	Class
Monday	9.30am-11am	Irish Advanced <i>Honor Clynes</i>
Tuesday	9.30am-11am	Current Affairs 1 <i>Sinéad O'Brien</i>
	9.15am-10.45am	Irish Advanced <i>Honor Clynes</i>
	11.30am-1pm	Current Affairs 2 <i>Sinéad O'Brien</i>
	11.30am-1pm	European Art and Artists <i>Rosarii Moran</i>
	11am-12.30pm	Irish Intermediate <i>Honor Clynes</i>
	1pm-2.30pm	Irish Beginners and Improvers (false beginners) <i>Honor Clynes</i>
Wednesday	9.30am-11am	Understanding History <i>Sinéad O'Brien</i>
	11.30am-1pm	Irish Intermediate (online on Zoom) <i>Honor Clynes</i>
Thursday	9.30am-11am	Irish Advanced <i>Honor Clynes</i>
	11.30am-1pm	Irish Intermediate <i>Honor Clynes</i>
Friday	9.30am-11am	Understanding the Landscape <i>Ann Farrell</i>
	11.30am-1pm	The Arctic: Past, Present and Future – A Geographer's View <i>Ann Farrell</i>
	10.00am-11.30am	English Literature and Culture 1 <i>Rosarii Moran</i>
	11.45am-1.15pm	English Literature and Culture 2 <i>Rosarii Moran</i>

- A 'Learner Detail Form' is required to be completed, usually on the first day of your course. Support will be provided.
- 'KLEAR Enrolment Form' is required to be completed on enrolment day.
- A Health Form is to be completed for movement courses at enrolment.
- Check start date of courses with your tutor(s) at enrolment.
- Speak with our tutors to ensure course content and level are suitable.
- It is important that prospective students inform us about special requirements to support successful course placement.
- Please let your tutor(s) or office staff know about any class absences. As we have a waiting list for courses, unexplained absences may result in the loss of your course place.

A few words about our courses



Baby Massage

Learn the benefits of massage for bonding, communication, improved sleep and relief of digestive problems for baby, all in a relaxed, social setting.

Creative Card Making

Learn to make special cards for all occasions. Use card-making tools and experiment with processes like matting, layering, embossing and card-folding techniques.

Current Affairs

Discuss the news of the week and analyse the background to the stories through presentation, discussion and debate.

English Literature and Culture

Explore the interesting lives and experiences of our many famous writers through plays, novels and poetry. We will also visit some of our cultural museums.

European Art and Artists

Enjoy and investigate the history of art in an informal setting. Includes visits to art galleries and exhibitions.

Geography Courses

Understanding the Landscape and The Arctic: Past, Present and Future – A Geographer's View: Two opportunities to examine and explore aspects of geography and environmental issues in a relaxed and friendly atmosphere.

Irish

Enjoy learning Irish at a variety of levels. The Thursday Advanced class is at a slightly slower pace than the other Advanced classes. The Thursday Intermediate class is Intermediate Plus – a slightly faster pace than the other Intermediate classes. The Beginners class is split into total Beginners and Improvers. An Online option is available for Wednesday Intermediate. Students are encouraged to progress through the levels when ready.

Painting & Drawing and Art for Everyone

Develop skill and technique under expert guidance.

Pilates

Learn how to improve posture and strengthen core muscle groups.

Spanish (Privately run class)

On this course you'll learn Spanish to help you get by in restaurants, shops, taxi and buses. You'll also learn basic grammar and vocabulary and improve conversation skills in a fun, friendly atmosphere.

Stained Glass

Learn how to cut glass and solder in this course. We cover the copper foil technique making light catchers, mirrors, lampshades etc. Some materials are provided, but students will be advised as to what materials they will need. Everyone works at their own pace.

Understanding History

Explore people, events and themes from Irish and World History. Presentation, discussion and visits to relevant museums and exhibitions.

Yoga

Learn the technique of yoga at three levels. Our chair yoga is for those who may be less active.

Reading and Writing Service (Literacy Office)

We offer a range of courses for adults who wish to improve their reading, writing, spelling, maths, technology, and other skills. A special welcome to adults who might have left school early and would like to return to education, or would like to up-skill and build confidence.

Courses are free of charge and available at different times throughout the week. You can attend one-to-one tuition and small groups of between four and eight people. You can learn at a level that suits you, whether you are a complete beginner or want to brush up. If you want to work towards getting certification, we offer some courses up to QQI level 4.

How to enrol:

Enrolment for these courses is ongoing throughout the year. Call our Adult Literacy Office for more information about any of the courses listed below. You can arrange an appointment to discuss your needs and goals and find a course suitable for you.

Text Breda our Adult Literacy Organiser on: 086 0358417

Day	Time	Class
MONDAY	9.00am – 11.00am	English as A Second Language for Beginners (Part one) – QQI 1 This course is for people with little or no English and is aimed to improve their speaking and listening skills. (Part one)
	9.30am– 11am	Smartphone for Beginners – Basic Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
	9.15am– 11.15am	Communications – QQI 3 Build confidence in your communication skills. Develop good reading, writing and interpersonal skills for use in a range of situations.
	11.30am– 1.30pm	English as A Second Language for Beginners (Part two) – QQI 1 Part two of course today at 9.00am.
	11.30am– 1pm	Intercultural Awareness – QQI 3 To develop an understanding of the concept of culture and multicultural societies.
	11.30am– 1pm	Internet Skills QQI 3 Become confident using internet and email while gaining a qualification.
	1.00pm– 2.30pm	Smartphone for Beginners – Basic Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
	1.00pm– 2.30pm	Managing Personal Finances (Part one) – QQI 3 To equip learner with knowledge, skills and competencies to manage personal finances.
	1.30am– 3.30pm	English As A Second Language (Part one) – QQI 3 English classes for people who already have some simple English. Improve all skills and can gain a qualification. (Part one)
	1.45pm– 4.45pm	English As A Second Language (Part one) – QQI 4 To equip learner to communicate effectively in a variety of personal, social and work related situations. (Part one)
TUESDAY	9.30am– 11am	Information Technology Skills (Part one) – QQI 4 Learn to organise your files, folders. Learn more about emails, the internet and word processing.
	11.30am– 1pm	Spreadsheets – QQI 3 To equip learner to use spreadsheets in their daily lives.
	1.30am– 3.30pm	Gardening – Basic Explore the basics of gardening including, planting seeds, flowers and shrubs.
	1.30pm– 3.30pm	English As A Second Language (Part two) – QQI 3 Part two of Monday's class
	1.30pm– 3pm	Internet Skills – QQI 3 For people who would like to improve their skills and confidence doing online activities with a computer.
WEDNESDAY	9.30am– 11am	Smartphone Intermediate – Improvers Improve skills using a Smartphone. Basic ability to use Smartphone required.
	11.30am– 1pm	Smartphone Intermediate – Improvers Improve skills using a Smartphone. Basic ability to use Smartphone required.
	11.30am– 1pm	Managing Personal Finances (Part two) – QQI 3 Part two of Monday's class
	1pm– 3pm	Art & Design – QQI 3 Explore the world of art and design practices in this foundational art course. This course introduces a wide range of media and tools. Suitable for beginners.
	1.30am– 3pm	Internet Skills – QQI 3 Become confident using internet and email while gaining a qualification.
	1.45pm– 4.45pm	English As A Second Language (Part two) – QQI 4 Part two of Monday's class.
THURSDAY	9.30am– 11am	Information Technology Skills (Part two) – QQI 4 Part two of Tuesday's class
	9.30am– 11am	Smartphone Intermediate – Improvers Improve skills using a Smartphone. Basic ability to use Smartphone required.
	10.00am– 1pm	One to One Literacy – Basic Improve your reading, writing and spelling skills.
	11.30am– 1pm	Word Processing – QQI 3 Learn about word processing applications and how to create and use documents in everyday life.
	11.30am– 1pm	Smartphone Beginners – Basic Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
	1.30pm– 3pm	Smartphone Intermediate – Improvers Improve skills using a Smartphone. Basic ability to use Smartphone required.
	1.30am– 3pm	Internet Skills – QQI 3 Become confident using internet and email while gaining a qualification.
	1.30pm– 3.30pm	Creative Writing – Basic Improve your literacy skills by exploring creative writing at a gentle pace in a supportive and friendly group.
	1.30pm– 3.30pm	English as A Second Language (Part three) – QQI 3 Part three of Monday's and Tuesday's class.
	1.45pm– 4.45pm	English as A Second Language (Part three) – QQI 4 Part three of Monday's and Wednesday's class.
FRIDAY	11.30am– 1.30pm	Healthy Cooking on a Budget – Basic Learn to prepare healthy meals in this practical cookery course. Emphasis is on vegetarian and budget- friendly options.

KLEAR Education Service

KLEAR is a community-based adult education service. We offer a broad range of courses, on a part-time basis, in the areas of general education, literacy, health, languages, culture, creativity, and social and community education. For 46 years we have catered for the educational needs of over 20,000 adults in the wider community. We are a designated QQI (Quality and Qualifications Ireland) provider.

KLEAR is run and organised by a voluntary management group made up of tutors, students and the local community. We are funded by City of Dublin Education and Training Board (CDETB), European Social Fund and Department of Employment Affairs and Social Protection.

Community Employment Scheme

Community Employment (C.E.) is an employment programme which helps unemployed people to re-enter the active workforce by breaking the experience of unemployment through a return-to-work routine. Participants can work in a number of areas, including Childcare, Household, Clerical, Domestic, and Maintenance. Recruitment is ongoing throughout the year.

For more information, call Louise on: 01 8671040 or email louiseparsons@klearce.com

Adult Education Guidance Service

The CDETB Adult Education Guidance Service helps make informed decisions about education, career and life choices. This service is free, impartial and confidential.

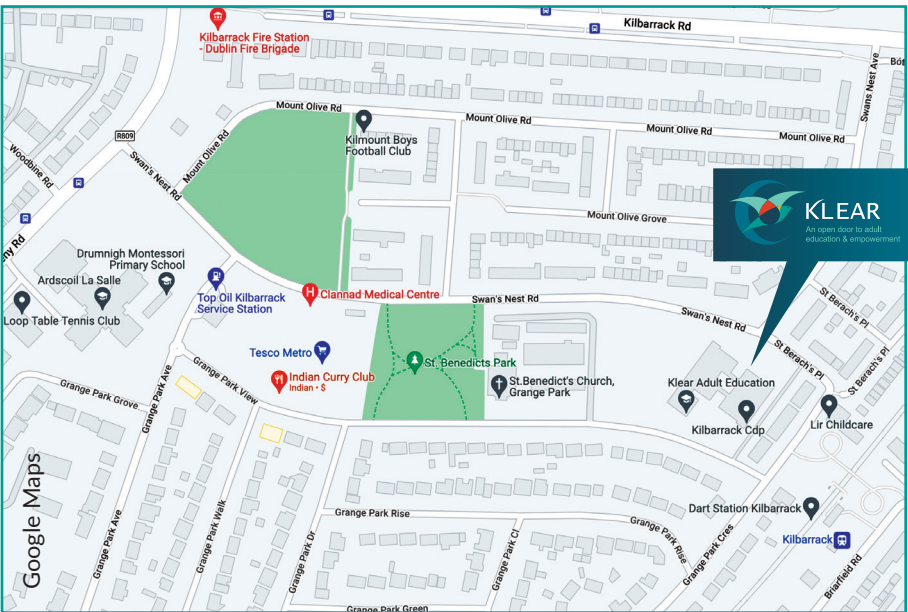
For more information call: 01-8623835 Email: fiona.clarke@aes.cdetsb.ie or paul.maguire@aes.cdetsb.ie

Contact information

KLEAR Adult Education Centre, Swan's Nest Road, Kilbarrack, Dublin 5, D05 V5Y9

Main Office	Phone: 01 867 1845	Email: office@klear.ie
Literacy Office	Phone: 01 803 6238	Email: literacy.organiser@klear.ie
Community Employment Service	Phone: 01 867 1040	Email: louiseparsons@klearce.com
Website:	klear.ie	

Where to find us



KLEAR is situated beside Kilbarrack DART Station, off Swan's Nest Avenue.
LIMITED PARKING is available on site for students.