

## READING AND WRITING SERVICE

Call Rose, Literacy Organiser CDETB – (01) 803 6238

A warm welcome to students who left school early, generally without exams, and who feel their basic skills are weak or out-of-date. Students will meet with Rose, our Organiser, to discuss their needs and goals and will be offered tuition up to 6 hours weekly, over 2 or 3 mornings / afternoons.

There is a special welcome to unemployed people who need to build up basic skills, (English, Maths, Computers, Learning Skills, etc.), to prepare them for further education / training, towards employment.

## OUR SERVICE OFFERS:

- Reading, writing, spelling, sums
- Basic computers
- Free and confidential learning
- Trained and understanding tutors
- Learning based on needs / choices
- Small groups, small classes and 1-1
- Themed learning, e.g. Family Learning, Childcare, I.C.T. / Business English

## OUR QQI (WAS FETAC) COURSES INCLUDE:

- Reading, Writing, Sums
- Communications / Personal Effectiveness
- Maths / Managing Your Money
- Childcare / Child Development
- I.C.T. / Computers
- Creative Arts / Drawing
- Nutrition & Healthy Options, Cookery

## ADULT EDUCATION GUIDANCE SERVICE

This service is another important support to help students source suitable further education and training opportunities when moving back into the workplace.

## WHERE TO FIND US



Credit Google Maps

KLEAR is situated beside Kilbarrack DART Station, off Swan's Nest Avenue

## KLEAR EDUCATION SERVICE

KLEAR is a community-based adult education centre offering a broad range of courses within the areas of general education, health, languages, culture, creativity and social and community education.

KLEAR is run and organised by a voluntary management group consisting of tutors, students and the local community, and is supported financially by CDETB, ESF, POBAL and DEASP. During the past 38 years we have catered for the educational needs of over 20,000 adults in the wider community. We pride ourselves on our friendly and inclusive atmosphere and extend a warm welcome to all.

## ABOUT ENROLMENT

- All fees to be paid before courses commence.
- No charges apply to the Reading & Writing Service, (funded by the CDETB).
- All courses are subject to demand.
- No refunds unless a course does not form.
- Materials, photocopying, etc. may incur an extra cost. Enquire when enrolling.
- Special arrangements relating to fees can be made by speaking confidentially to the administrator in the main office before enrolling.
- Full enrolment policy available on request.
- Ensure you check time and start date of your course(s).
- It is important that prospective students inform us about specific requirements to ensure, as far as possible, successful course placement.

## OUR EARLY YEARS SERVICE

Call Deirdre / Aileen – (01) 867 1845

We run a drop-in service for children of students attending courses, at a rate of €3 per class. Booking is essential when you are enrolling for classes, as we have limited availability. We also run a weekly crèche and pre-school service, morning and afternoon with ECCE, CCS and CEC funding.

**Note: We have a new afternoon pre-school service with some availability. Book soon as places are limited.**

## KLEAR CONTACT DETAILS

KLEAR Adult Education Centre,  
Swan's Nest Road, Kilbarrack, Dublin 5.

(01) 8671845 - Main Office

(01) 8036238 - Literacy Service Office

Web Address: [www.kleared.ie](http://www.kleared.ie)

Email:

Rose: [literacy.organiser@klear.ie](mailto:literacy.organiser@klear.ie)

Office: [office@klear.ie](mailto:office@klear.ie)

CE: [louiseparson@klearce.com](mailto:louiseparson@klearce.com)



# KLEAR

An open door to adult education & empowerment

Community Adult Education Centre  
Kilbarrack

## Courses and Timetable 2018-2019

Daytime & Evening Courses  
Childcare available

Enrolment for Autumn Term  
from **3rd September 2018**  
10.00am - 1.00pm Monday to Friday

Autumn term courses generally begin from  
**Monday 24th September**

Phone Main Office: (01) 867 1845  
Phone Literacy Office: (01) 803 6238

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30am	<b>Current Affairs</b> <i>Tutor: To be confirmed</i> €65 for 27 weeks ENROLLING TUESDAY 4th SEPTEMBER	<b>Current Affairs</b> <i>Sinead O'Brien</i> €65 for 27 weeks ENROLLING TUESDAY 4th SEPTEMBER	<b>Bridge Group</b> 10am	<b>Irish Advanced</b> <i>Honor Clynes</i> €65 for 27 weeks	<b>Understanding the Landscape</b> <i>Ann Farrell</i> €65 for 27 weeks
	<b>Relaxation &amp; Natural Wellbeing</b> <i>Phil Nolan</i> €80 for 10 weeks	<b>Filiocht Na Gaeilge</b> <i>Blaithin Ni Liathain</i> €65 for 27 weeks	<b>Literacy: Communications</b>	<b>Literacy: Communications</b>	
	<b>French Advanced 1</b> <i>Veronique Deprez</i> €80 for 10 weeks	<b>Yoga Beginners</b> <i>Patty Anderson</i> €80 for 10 weeks	<b>Understanding History</b> <i>Sinead O'Brien</i> €65 for 27 weeks	<b>Irish - Refreshers</b> <i>Elizabeth Casey</i> €65 for 27 weeks	<b>Keep Fit</b> <i>Rachel Moore</i> €80 for 10 weeks
		<b>Enjoying Theatre</b> <i>Kevin Jones</i> €80 for 10 weeks	<b>Yoga for the Golden Years</b> <i>Patty Anderson</i> €80 for 10 weeks	<b>Pregnancy – Relax Stretch Breathe</b> <i>Niamh Healy</i> €10 per session	<b>Literacy: Basic Groupwork</b>
	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Pilates</b> <i>Rachel Moore</i> €80 for 10 weeks	<b>Painting &amp; Drawing 1</b> <i>Lindsey Holland</i> (2hrs – 9.15am) €105 for 10 weeks	<b>French Advanced 2</b> <i>Veronique Deprez</i> €80 for 10 weeks
	<b>Computers – beginners and improvers</b>	<b>Computers – beginners and improvers</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>
11.30am	<b>How Society Works</b> <i>Elaine Davis</i> €80 for 10 weeks	<b>Current Affairs</b> <i>Sinead O'Brien</i> €65 for 27 weeks ENROLLING TUESDAY 4th SEPTEMBER	<b>Bridge Group (continues)</b>	<b>Irish Intermediate</b> <i>Honor Clynes</i> €65 for 27 weeks	<b>The Arctic: Past, Present &amp; Future</b> - A Geographer's View <i>Ann Farrell</i> €65 for 27 weeks
	<b>Holiday Spanish - Beginners</b> <i>Maria Villar-Posada</i> €80 for 10 weeks	<b>Holiday Spanish - Advanced</b> <i>Maria Villar-Posada</i> €80 for 10 weeks	<b>Literacy: Childcare</b>	<b>Enjoy Creative Writing</b> <i>Blaithin Ni Liathain</i> €65 for 27 weeks	<b>Literacy: Childcare</b>
	<b>Reiki</b> <i>Phil Nolan</i> €80 for 10 weeks	<b>Book Club (fortnightly)</b> <i>Blaithin Ni Liathain</i> €65 for 2hr classes 18 sessions	<b>'We Can Quit'</b> <i>Stop Smoking Course</i> Phone: 087 7064995 (Rachel) or 086 1616000 (Karen)	<b>Painting &amp; Drawing 2</b> <i>Lindsey Holland</i> €80 for 10 weeks	<b>French Beginners / Improvers</b> <i>Véronique Deprez</i> €80 for 10 weeks
	<b>Pilates</b> <i>Rachel Moore</i> €80 for 10 weeks 12 mid-day to 1.30pm	<b>Bethany Bereavement Group</b> Meetings 1st Tuesday monthly Phone: 085 2076606	<b>Yoga for the Golden Years</b> <i>Patty Anderson</i> €80 for 10 weeks	<b>English Literature &amp; Culture</b> <i>Rosarii Moran</i> €65 for 27 weeks	<b>English Literature &amp; Culture</b> <i>Rosarii Moran</i> €65 for 27 weeks
	<b>French Intermediate</b> <i>Veronique Deprez</i> €80 for 10 weeks	<b>Yoga Intermediate</b> <i>Patty Anderson</i> €80 for 10 weeks	<b>Irish – Beginners</b> <i>Elizabeth Casey</i> €65 for 27 weeks	<b>Flower Arranging</b> <i>Edel Keleghan</i> €50 for 6 weeks	
		<b>European Art and Artists</b> <i>Rosarii Moran</i> €80 for 10 weeks	<b>Literacy: Nutrition &amp; Healthy Options</b>	<b>Literacy: Nutrition &amp; Healthy Options</b>	
			<b>Literacy: Managing Your Money</b>	<b>Literacy: Managing Your Money</b>	<b>Literacy: Cookery</b>
	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>	<b>Reading, Writing and Spelling:</b> 1-1 and groups <b>Sums / Maths:</b> 1-1 and groups <b>Themed Learning</b> <b>QQI Certificate Courses</b>
	<b>Computers – beginners and improvers</b>	<b>Computers – beginners and improvers</b>	<b>Computers – beginners and improvers</b>	<b>Computers – beginners and improvers</b>	<b>Computers – beginners and improvers</b>
	1.30pm	<b>ESOL (English Language)</b> Level 3 + Beginner Level Contact Breda: 087 7707854	<b>ESOL (English Language)</b> Level 3 + Beginner Level Contact Breda: 087 7707854	<b>Literacy: Art &amp; Craft</b>	<b>ESOL (English Language)</b> Level 3 + Beginner Level Contact Breda: 087 7707854
<b>Holiday Spanish - Intermediate</b> <i>Maria Villar-Posada</i> €80 for 10 weeks				<b>Art for Everyone</b> <i>Lindsey Holland</i> €80 for 10 weeks	
				<b>Baby Massage</b> <i>Niamh Healy</i> €80 for 10 weeks	
Time	THURSDAY EVENING	THURSDAY EVENING	THURSDAY EVENING	THURSDAY EVENING	
7pm to 10pm	<b>Reading, Writing and Spelling:</b> 1-1 and group <b>Sums / Maths:</b> 1-1 and group <b>Themed Learning</b> <b>QQI Certificate Courses</b> <b>Driver Theory Test Preparation</b> <b>Computers - beginners and improvers</b>	7pm to 8.30pm <b>Pilates</b> <i>Rachel Moore</i> €80 for 10 weeks	7.15pm to 8.30pm <b>Irish Conversation</b> <i>Elizabeth Casey</i> €65 for 27 weeks	7.30pm to 9pm <b>Singing Workshops</b> <i>Susan Tomelty</i> €80 for 10 weeks	

## A FEW WORDS ABOUT OUR CLASSES

**Book Club:** Our book club will meet fortnightly for 2 hour classes, to read, enjoy, discuss and rate our chosen novels, in a relaxed, friendly setting.

**Bethany Bereavement Group:** Safe, free and confidential support for bereaved persons. Meetings held 1st Tuesdays monthly. Phone: 085 2076606.

**Bridge Group:** A chance for students to improve their game in a friendly environment. There is presently a waiting list.

**Baby Massage:** Learn the benefits of bonding, communication, improved sleep and relief of digestive problems for baby, all in a relaxed setting.

**Current Affairs:** Discuss the news of the week and analyse the background to the stories through presentation, discussion and debate.

**English Language Courses:** CDETB offers 2 levels, Beginner + and Level 3, at KLEAR. Contact Breda at 087 7707854, from 20th August onwards.

**English Literature & Culture:** An interesting journey through books, poetry and biographies, with maybe a bit of poetry writing.

**Enjoy Creative Writing:** Learn the craft of creative writing in a supportive atmosphere.

**Enjoying Theatre:** Deepen your appreciation of drama by reading and discussing plays, in a very relaxed and friendly atmosphere.

**European Art & Artists:** Enjoy and explore the history of art in a fun and informal setting. Includes visits to art galleries & exhibitions.

**Filiocht Na Gaeilge:** A voyage of discovery from Bardic Schools, Aisling Poems, Love Songs, Caointe up to contemporary writing, as Gaeilge with subtitles.

**Flower Arranging:** Fresh flower arrangements and center pieces for gifts or for your home for the festive season.

**French:** Enjoy learning French in a fun and informal way. Beginner, Intermediate and Advanced levels are available.

**Geography Courses: Understanding the Landscape and The Arctic: Past, Present & Future - A Geographer's View:** Two opportunities to examine and explore aspects of geography and environmental issues in a relaxed and friendly atmosphere.

**Holiday Spanish - Beginners, Intermediate and Advanced: Hola!** Want to learn or improve your Spanish? Come and join us.

**How Society Works:** Enjoy the opportunity to explore how society works. Analyse the influence of family, religion, education and social media on our attitudes and behaviour through input and debate, all in a relaxed setting.

**Irish:** Enjoy learning Irish at a variety of levels - a special Fáilte for beginners. Our 'Irish Conversation Course' on Thursday evenings can cater for parents/guardians to learn everyday Irish to use with their children at home.

**Keep Fit:** Exercise to music for mixed ages and abilities, low and moderate impact with warm-up, cardio, toning, stretching and final relaxation.

**Painting & Drawing and Art for Everyone:** Develop skill and technique under expert guidance.

**Pilates:** Learn how to improve posture and strengthen core muscle groups.

**Pregnancy, Relax, Stretch, Breathe:** Learn relaxation and breathing techniques to help labour and discuss pregnancy and birth topics in a feel-good class with gentle stretches, exercises and yoga-based postures.

**Reiki:** Emotional & spiritual nurturing of self in a relaxed atmosphere. Learn how to give healing to you, your family and friends. Reiki is also excellent for children and pregnant women.

**Relaxation and Natural Wellbeing:** This course will teach breathing techniques and exercises for relaxation, demonstrate natural remedies for both physical and emotional well-being and teach pressure points for common ailments. Treat yourself to this enjoyable and atmospheric experience.

**Singing Workshops:** Explore vocal warm-ups and exercises to enhance strength and tone of the voice. Song work will be a big part of the classes, working towards a community performance. Fun guaranteed!

**Understanding History:** Improve your knowledge of local and national history in a relaxed setting. Includes visits to relevant historical sites.

**Yoga:** Learn the technique of yoga at three levels. Our Yoga for the Golden Years is for those who may be less active and would like to try some chair yoga.